

### Hosting a Seminar:

Chill Out 101 and High School & Beyond are usually held on Saturdays from 9am-5pm throughout the year at your location. All that is needed is a room with tables and chairs and a light-colored space for projecting Power Point slides.

Attendance: Minimum 10 families (registrations), not 10 people. Nursing babies only, please.

Lunch: Lunch is not included in the cost of the seminars. Usually, lunch is “on your own.” In some places where fast food is not available, a local home school group may provide lunch or ask for a small donation. Participants are also free to bring a lunch. We make these decisions on a seminar-by-seminar basis.

Please contact Mary Ellen Haller at [info@ruthmartin.org](mailto:info@ruthmartin.org) for further information about arranging a seminar in your area.